

Veterans Day Recalled - Donut Forget History



1918: Painesville's Matilda Spence served with the Red Cross, here at a canteen in France.

Every November a celebration of all living veterans is held. Here are five not so well-known facts about a day that is more than just a holiday from school or work. Originally known as **Armistice Day**, celebrating the end 1918 end date for the 'war of all wars', it was renamed Veterans Day in 1954. 18.2 million living vets served at least one war as of 2018. 9% of all veterans are women. 7 million vets are from the Vietnam War era. Three million vets have currently served in the War on Terrorism.

Fact number six deals entirely with the back story of a different group of war veterans- The **Salvation Army Doughnut Girls**. Here is their wartime story and the Army helmet recipe s till in place today.

The Salvation Army workers were sent to France during WWI in order to provide support and spiritual comfort to the soldiers. First arriving on August 22,

1917, both the men and women were musicians. Concerts and Bible classes were the main directive. In time, the women were mending soldier's uniforms and baking cakes, pies and doughnuts. The women became known as 'Lassies' or 'Sallies'. These colorfully named women served in both WWI and WWII. By WWII, the young **women of the Red Cross** entered the mix and 'Dollies' were added to the doughnut ranks of wartime bakers.

Following is the original recipe for WWI doughnuts developed by the Salvation Army Lassies. **Remember the recipe should be stirred in a clean Army helmet!**

Original Salvation Army WWI Doughnut Recipe

4c. Flour
1/2 tbsp. Butter
1/4 tsp. Cinnamon
1c. Sugar
1 egg
1 1/2 tsp. Salt
1/4 tsp. Grated nutmeg
4 tsp. Baking powder
1 c. Milk

Put flour in shallow pan, add salt, baking powder and sugar. Rub in butter with fingertips. Add to well beaten egg and milk and stir thoroughly. Toss on floured board. Roll to 1/4" thickness. Shape and fry and drain.

** source - Bonnie Walker & Cooks.Com



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